

Supporting Grieving Students



BIRCh Project



Boston
Children's
Hospital

Where the world comes for answers

Talking About Loss



- Collaborate with caregivers to identify appropriate loss narrative.
- Consider and respect the familie's cultural belief system around grief and loss.
- Acknowledge the student's loss and give permission for them to seek support.
- Normalize and validate the students grief experience.
- when appropriate, provide guidance to classmates who may be curious about the student's loss.
- Provide concrete and developmentally appropriate answers for questions about death and dying.

Support Plan



- Breaks as needed
- Check in's with preferred adults
- Flexible deadlines & homework plan
- Appropriate referrals to community resources

Expectations



Changes in student mood, behavior, and academic functioning are typical. Grieving students will benefit from flexible and empathic interactions w/ school staff.

Resources & Programs



- [CareDimensions.org](https://www.caredimensions.org)
- [BMC.org \(Good Grief Program\)](https://www.bmc.org/good-grief-program)
- [ChildrensRoom.org](https://www.childrensroom.org)
- [JeffsPlace.org](https://www.jeffsplace.org)
- [RicksPlaceMA.org](https://www.ricksplace.org)
- [HopeFloatsWellness.org](https://www.hopefloats.org)
- [WildflowerForKids.org](https://www.wildflowerforkids.org)
- [JoannasPlace.org](https://www.joannasplace.org)
- [LDBPeaceInstitute.org](https://www.ldbpeaceinstitute.org)
- [GrievingStudents.org](https://www.grievingstudents.org)
- [NACG.org](https://www.nacg.org)