

QUEER, TRANS + NON-BINARY YOUTH SUPPORT + RESOURCES

You belong.



- Move Your Body - Queer Gym Popup
- LGBTQ+ Disordered Eating Recovery Blog
- Food Finding Resources - Greater Boston Food Bank
- Youth Community Food Program

**NUTRITION +
WELLNESS**

- TrevorSpace
- Generation Q
- Peer Support Groups



- Gender Multispecialty Service (GeMs) at Boston Children's Hospital
- Gender Affirmative Letter Access Project
- Gender Affirming Care - Planned Parenthood
- FOLX HEALTH
- Gender Identity Therapists - Mental Health Match
- Gender Identity Therapists - Therapy Den
- Hey Sam Mental Health Textline - Samaritans
- The Trevor Project: Crisis Counselors and LGBTQ+ Resources